

INDEPENDENT REVIEW REQUEST FORM

UTAH INSURANCE DEPARTMENT
SUITE 3110 STATE OFFICE BUILDING
SALT LAKE CITY UT 84114
801-537-3077

This form **must be filed** with the Utah Insurance Commissioner **within 180 DAYS** after receipt from your carrier of a denial of payment on a claim or request for coverage of a health care service or treatment, or rescission of coverage.

REQUESTOR'S NAME: _____
_____ Insured/Claimant _____ Provider _____ Authorized Representative

INSURED PERSON/PATIENT INFORMATION:

Insured Person Name: _____ Patient Name: _____
Address: _____
Insured Person Phone Number: Home (_____) _____ Cell
(_____) _____
Work (_____) _____ Email _____

INSURANCE INFORMATION:

Carrier Name: _____
Insured Person Insurance ID Number: _____
Insurance Claim/Reference Number: _____
Carrier Mailing Address: _____
Carrier Telephone Number: (_____) _____

EMPLOYER INFORMATION:

Employer's Name: _____
Employer's Phone Number: (_____) _____
Is the health coverage you have through your employer a self-funded plan? _____. If you are not certain please check with your employer. Most self-funded plans are not eligible for independent review. However, some self-funded plans may voluntarily provide independent review, but may have different procedures. You should check with your employer.

HEALTH CARE PROVIDER INFORMATION:

Treating Physician/Health Care Provider: _____
Address: _____
Contact Person: _____ Phone: (_____) _____
Medical Record Number: _____

EXPEDITED REVIEW:

An expedited review is available if a delay would seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function.
Is this a request for an expedited review? Yes _____ No _____

SIGNATURE AND RELEASE OF MEDICAL RECORDS:

To appeal your carrier's denial, you must sign and date this independent review request form and consent to the release of medical records.

I, _____, hereby request an independent review. I attest that the information provided in this request form is true and accurate to the best of my knowledge. I authorize my carrier and my health care providers to release all relevant medical or treatment records to the independent review organization and the Utah Insurance Department. I understand that the independent review organization and the Utah Insurance Department will use this information to make a determination on my appeal and that the information will be kept confidential and not be released to anyone else. This release is valid for one year.

Signature of Insured Person (or legal representative)* Date

*(Parent, Guardian, Conservator or Other – Please Specify)

APPOINTMENT OF AUTHORIZED REPRESENTATIVE:

(Fill out this section only if someone else will be representing you in this appeal.)

You can represent yourself, or you may ask another person, including your treating health care provider, to act as your authorized representative. You may revoke this authorization at any time.

I hereby authorize _____ to pursue my appeal on my behalf.

Signature of Insured Person (or legal representative)* Date

*(Parent, Guardian, Conservator or Other—Please Specify)

Address of Authorized Representative:

Phone Number: Daytime (_____) _____ Evening (_____) _____

WHAT TO SEND AND WHERE TO SEND IT

YOUR REQUEST WILL NOT BE ACCEPTED FOR AN INDEPENDENT REVIEW UNLESS YOU SUBMIT THE FOLLOWING:

- ___ (1) This request form completed, signed, and dated.
- ___ (2) A photocopy of the insured's insurance identification card or other evidence of coverage;
- ___ (3) A copy of the letter from the carrier that states:
 - (a) the decision is final and that the claimant has exhausted all internal review procedures; or
 - (b) the requirement to exhaust all of the carrier's internal review procedures has been waived.

****You may make a request for an independent review without exhausting all internal review procedures under certain circumstances. Call the Utah Insurance Department at 801 538-3077 for further information.**

- ___ (4) If an expedited independent review is being requested, the completed Certification Of Treating Health Care Provider for Expedited Consideration of a Patient's Independent Review form.
- ___ (5) If the independent review is being requested due to service or treatment that was determined to be experimental or investigational, the Physician Certification for Experimental/Investigational Denials form.

If you need help in completing the request or if you do not have one or more of the above items, call the Utah Insurance Department at 801 537-3077 for assistance.

For a standard independent review or one that involves experimental or investigational service or treatment, send all paperwork to: Utah Insurance Department, Suite 3110 State Office Building, Salt Lake City UT 84114 or email to healthappeals.uid@utah.gov or fax to 801 538-3829.

For an expedited independent review, call the Utah Insurance Department at 801 538-3077 to determine the quickest way to submit the application and supporting information.

**CERTIFICATION OF TREATING HEALTH CARE PROVIDER FOR EXPEDITED
CONSIDERATION OF A PATIENT'S INDEPENDENT REVIEW**

NOTE TO THE TREATING HEALTH CARE PROVIDER:

Patients can request an independent review when a carrier has denied a health care service or course of treatment on the basis of a utilization review determination that the requested health care service or course of treatment does not meet the carrier's requirements for medical necessity, appropriateness, health care setting, level of care or effectiveness of the health care service or treatment you requested. The Utah Insurance Department oversees requests for an independent review. The standard independent review process can take up to 45 days from the date the patient's request for independent review is received by our department. Expedited independent review is available only if the patient's treating health care provider certifies that adherence to the time frame for the standard independent review would seriously jeopardize the life or health of the insured or would jeopardize the insured's ability to regain maximum function. An expedited independent review must be completed within 72 hours. This form is for the purpose of providing the certification necessary to trigger expedited review.

GENERAL INFORMATION

Name of Treating Health Care Provider: _____

Mailing Address: _____

Phone Number: (____) _____ Fax Number: (____) _____

Licensure and Area of Clinical Specialty: _____

Name of Patient: _____

Patient's Insurer Member ID Number: _____

CERTIFICATION:

I hereby certify that: I am a treating health care provider for _____ (hereafter referred to as "the patient"); that adherence to the time frame for conducting a standard independent review of the patient's appeal would, in my professional judgment, seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function; and that, for this reason, the patient's appeal of the denial by the patient's carrier of the requested health care service or course of treatment should be processed on an expedited basis.

Signature

Date

**PHYSICIAN CERTIFICATION FOR
EXPERIMENTAL/INVESTIGATIONAL DENIALS**
(To Be Completed by Treating Physician)

I hereby certify that I am the treating physician for _____ and that I have requested the authorization for a drug, device, procedure or therapy denied for coverage due to the carrier's determination that the proposed therapy is experimental and/or investigational. I understand that in order for the insured to obtain the right to an independent review of this denial, as treating physician I must certify that the insured's medical condition meets certain requirements:

In my medical opinion as the insured's treating physician, I hereby certify to the following: (Check **all** that apply)

- _____ (1) The insured has a condition that qualifies under one or more of the following:
_____ (a) standard health care services or treatments have not been effective in improving the insured's condition;
_____ (b) standard health care services or treatments are not medically appropriate for the insured; or
_____ (c) there is no available standard health care service or treatment covered by the insurer that is more beneficial than the requested or recommended health care service or treatment.
- _____ (2) The health care service or treatment I have recommended and which has been denied, in my medical opinion, is likely to be more beneficial to the insured than any available standard health care services or treatments.
- _____ (3) The health care service or treatment recommended would be significantly less effective if not promptly initiated.
Explain: _____
- _____ (4) It is my medical opinion based on scientifically valid studies using accepted protocols that the health care service or treatment requested by the insured and which has been denied is likely to be more beneficial to the insured than any available standard health care services or treatments.
Explain: _____

Provide a description of the recommended or requested health care service or treatment that is the subject of the denial. (Attach additional sheets as necessary)

Signature

Date